

**BE A HERO FOR A BETTER WORLD**

"It is the characteristic of the magnanimous man to ask no favor but to be ready to do favors to others."  
— Aristotle

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"I feel no need for any other faith than my faith in the love of all human beings..."  
— Pearl S. Buck

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"How far you go in life depends on you being kinder with the young, compensating with the aged, sympathizing with the strong, supporting the weak, helping the unfortunate, and forgiving the ignorant."  
— Helen Keller

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"The individual is capable of both great compassion and great indifference. He has it within him to be kind and to be unkind, and forgive or inflict."  
— Harvey Cox

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"If compassion was the motivating factor behind all of our decisions, would our world not be a much more pleasant place?"  
— Margaret Cowe

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"Hugs can do great amounts of good — especially for children."  
— Princess Diana

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"What we all have in common is an appreciation of kindness and a desire to make the world a better place for everyone."  
— Richard Gere

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"Though we all have the fear and the seeds of anger within us, we also have the seeds of compassion, understanding, and loving kindness — those of compassion, understanding, and loving kindness."  
— Thich Nhat Hanh

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"There is no kindness I can show, or any good thing I can do, for any fellow being, but I can do it now, and not defer or neglect it, as I often do, because I am loath to begin." — William Penn

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"I do it because I want to maximize people's compassion and do it because I really believe that for some reason what I do is important and meaningful." — Princess Diana

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"Kind words can be short and easy to speak, but their effects are lasting and a great distance." — Mother Teresa

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"Friends ... they are kind to each other's hopes. They can help us through drama." — Henry David Thoreau

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"Why we not succumb to thoughts of violence and revenge today, when we can instead choose to be kind? We are here to serve our enemies, so that they might be returned to their right minds." — Martin Luther King, Jr.

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"Constant kindness can accomplish much. As the sun makes ice melt, kindness causes misunderstanding, mistrust, and hostility to evaporate." — William Penn

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