


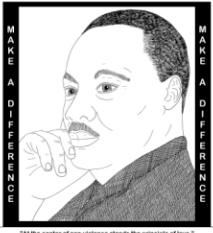




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| <p>BE A HERO FOR A BETTER WORLD</p>  <p>MAKE A DIFFERENCE</p> <p>"I take four generations to recover from every act of violence." —Rebecca Adamsen</p> <p>Be a Hero for a Better World - betterworld.net</p> | <p>BE A HERO FOR A BETTER WORLD</p>  <p>MAKE A DIFFERENCE</p> <p>"Regardless of how complicated the problems might appear, it is possible to work through them and find solutions that are mutually satisfactory to every stakeholder in the problem. Most of the problems in the world are solved by us and therefore we have the capacity and the obligation to combat them." —Alan Bawa</p> <p>Be a Hero for a Better World - betterworld.net</p> | <p>BE A HERO FOR A BETTER WORLD</p>  <p>MAKE A DIFFERENCE</p> <p>"That's all nonviolence is: organized love." —Joan Bess</p> <p>Be a Hero for a Better World - betterworld.net</p> | <p>BE A HERO FOR A BETTER WORLD</p>  <p>MAKE A DIFFERENCE</p> <p>"The world contains those who take us arms to defend their causes and calls on them to use nonviolent means to change their government. But when a person chooses the nonviolent path, it is not because they don't really enjoy any violence." —Shari Carter Dale</p> <p>Be a Hero for a Better World - betterworld.net</p> | <p>BE A HERO FOR A BETTER WORLD</p>  <p>MAKE A DIFFERENCE</p> <p>"We must look towards societies that set a high value on nonviolent means and non-cooperative ones, and therefore benefit conflicts by nonviolent means. We can see how child rearing practices promote personal nurturing and behavior." —Ellen Baubling</p> <p>Be a Hero for a Better World - betterworld.net</p> |
| <p>BE A HERO FOR A BETTER WORLD</p>  <p>MAKE A DIFFERENCE</p> <p>"Non violence is not idealism. It's not for the faint or weak. Non violence is not weakness. It is the courage to sacrifice." —Cesar Chavez</p> <p>Be a Hero for a Better World - betterworld.net</p> | <p>BE A HERO FOR A BETTER WORLD</p>  <p>MAKE A DIFFERENCE</p> <p>"Non violence is not weakness. It is the courage to sacrifice. It is the courage to stand up for what is right, even when it is unpopular. It is the courage to stand up for the oppressed and the marginalized. It is the courage to stand up for the common good. It is the courage to stand up for the future." —Ronald Cleveland</p> <p>Be a Hero for a Better World - betterworld.net</p> | <p>BE A HERO FOR A BETTER WORLD</p>  <p>MAKE A DIFFERENCE</p> <p>"The main goal of the future is to stop violence. The world is dedicated to it." —Bill Cosby</p> <p>Be a Hero for a Better World - betterworld.net</p> | <p>BE A HERO FOR A BETTER WORLD</p>  <p>MAKE A DIFFERENCE</p> <p>"I think the only choice that will enable us to hold to our values is to find a way to change the concept of nonviolence, and change it to a concept that is more inclusive, more embracing, and more accepting." —Barbara Darling</p> <p>Be a Hero for a Better World - betterworld.net</p> | <p>BE A HERO FOR A BETTER WORLD</p>  <p>MAKE A DIFFERENCE</p> <p>"We envision a non-violent world where human security is the basis of our non-violent society. People have the right to a world where the basic needs of people are addressed with respect and dignity. No war, no violence." —Shira Dush</p> <p>Be a Hero for a Better World - betterworld.net</p> |
| <p>BE A HERO FOR A BETTER WORLD</p>  <p>MAKE A DIFFERENCE</p> <p>"Nonviolence is something you practice, and the power behind it is not weapons, but the support of the people." —Mark Gaudin</p> <p>Be a Hero for a Better World - betterworld.net</p> | <p>BE A HERO FOR A BETTER WORLD</p>  <p>MAKE A DIFFERENCE</p> <p>"There is no hope for the existing world order through reform and change. The only path to nonviolence is through a complete and total re-orientation of our values." —Michael Gaudin</p> <p>Be a Hero for a Better World - betterworld.net</p> | <p>BE A HERO FOR A BETTER WORLD</p>  <p>MAKE A DIFFERENCE</p> <p>"I think we brought to the world, the United States story. Our mission is to serve as a catalyst for change in our world, to bring about a new paradigm for our world." —Barbara Wainwright</p> <p>Be a Hero for a Better World - betterworld.net</p> | <p>BE A HERO FOR A BETTER WORLD</p>  <p>MAKE A DIFFERENCE</p> <p>"I think we brought to the world, the United States story. The whole idea of organizing on a nonviolent basis. I think we showed the world that nonviolence can work to make social change." —Dolores Huerta</p> <p>Be a Hero for a Better World - betterworld.net</p> | <p>BE A HERO FOR A BETTER WORLD</p>  <p>MAKE A DIFFERENCE</p> <p>"There is the alternative to war, and nonviolence should be seen as the antidote to violence, not simply as the opposite. Nonviolence is more concerned with ending the war, ending the war." —Jesse Jackson</p> <p>Be a Hero for a Better World - betterworld.net</p> |
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