

# BE A HERO FOR A BETTER WORLD

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"No society has fulfilled its democratic promise if people go hungry...  
If some go without food they have surely been deprived of all power.  
The existence of hunger belies the existence of democracy."

-- Frances Moore Lappé

**BetterWorldHeroes.com**

...every act of compassion makes a difference...every day counts for a better world...

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