

# BE A HERO FOR A BETTER WORLD

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"We must apply our humble efforts to the construction of a more just and humane world. And I want to declare emphatically: Such a world is possible. To create this new society, we must present outstretched and friendly hands, without hatred and rancor, even as we show great determination and never waver in the defense of truth and justice. Because we know that we cannot sow seeds with clenched fists. To sow we must open our hands."

-- Adolfo Pérez Esquivel

**BetterWorldHeroes.com**

...every act of compassion makes a difference...every day counts for a better world...

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