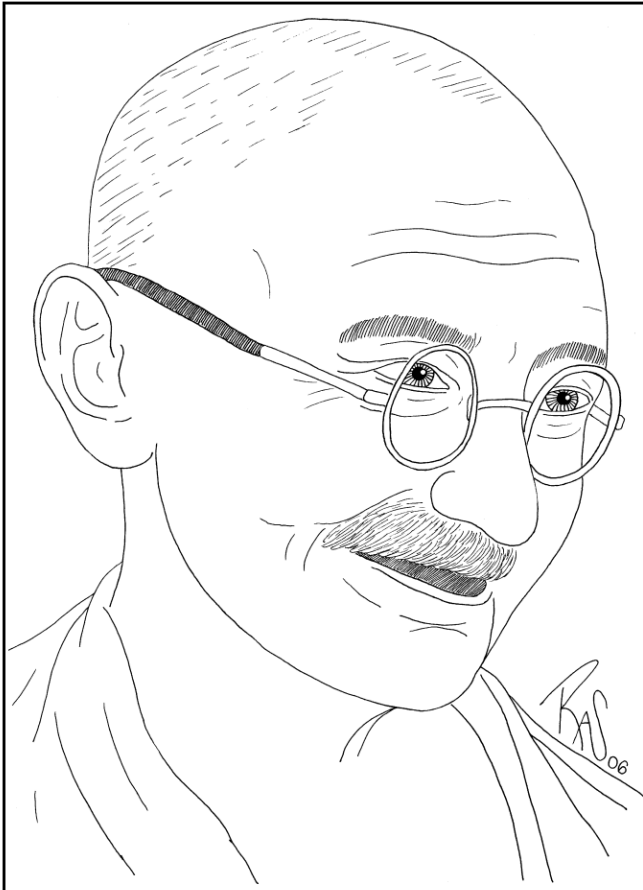


Be a Hero for a Better World



"There are people in the world so hungry,
that God cannot appear to them
except in the form of bread."

Mohandas K. Gandhi (1869-1948)

*"There is enough for everybody's need,
but not for everybody's greed."*

Mohandas Karamchand Gandhi was a political and spiritual leader of India and the Indian independence movement. He has come to be recognized as one of the greatest advocates of peace and social change through nonviolence. His teaching of Satyagraha -- resisting oppression through nonviolent means such as civil disobedience -- was the driving force that helped India win its independence from Britain. His methods and teachings greatly influenced other great leaders like Martin Luther King, Jr. and were employed in other civil rights and freedom efforts throughout the world. Throughout his life, Gandhi continued to advocate for nonviolence, alleviating poverty, empowering women, economic fairness and brotherhood among all religions and ethnicities.

Gandhi is commonly referred to as Mahatma Gandhi, as mahatma is Sanskrit for "Great Soul." He is officially recognized as the Father of his nation and his birthday is commemorated as a national holiday. In 2007, the United Nations declared that his birthday, October 2, should be observed as the "International Day of Non-Violence."

Mohandas Gandhi was born on October 2, 1869 in Porbandar, India

Be A Hero For A Better World!

1. Find out more about this hero
2. Pledge to help end hunger (iaahp.net)
3. Hold an event to raise awareness about the problem of world hunger
4. Contribute to an organization working to end hunger

EndHungerBook.com

Organizations Helping End Hunger

- Alliance To End Hunger (alliancetoendhunger.org)
- America's Second Harvest (secondharvest.org)
- End Hunger Network (endhunger.com)
- Food For All (foodforall.org)
- The Hunger Site (hungersite.org)
- Oxfam America (oxfamamerica.org)
- World Hunger Year (worldhungeryear.org)
- UN Food & Agriculture Organization (fao.org)
- UN World Food Programme (wfp.org)

For more information: www.betterworldheroes.com/gandhi.htm

BetterWorldHeroes.com

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