

# Be a Hero for a Better World!



"If you lose hope,  
somehow you lose  
the vitality that keeps life moving,  
you lose that courage to be,  
that quality that helps you go on  
in spite of it all. And so today  
I still have a dream."  
-- Martin Luther King, Jr.

[BetterWorldHeroes.com](http://BetterWorldHeroes.com)

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[BetterWorldClubs.com](http://BetterWorldClubs.com)

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