

# Be a Hero for a Better World!



"I know, in my soul,  
that to eat a creature  
who is raised to be eaten,  
and who never has a chance  
to be a real being,  
is unhealthy. It's like...  
you're just eating misery.  
You're eating a bitter life."  
-- Alice Walker

[BetterWorldHeroes.com](http://BetterWorldHeroes.com)

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[BetterWorldClubs.com](http://BetterWorldClubs.com)

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